

We've all heard and seen the commercials. But have you heard this one from our RI Presidents Representative to the District Conference PDG Jeff Cadorette? Here is the Rotary Drug Advertisement that he shared with us today at the Friday Lunch meeting at the District 5340 Conference.

Have you been feeling the urge to serve? Do you have an increasing urge to give back to your local and/or global community? Do you feel isolated and have an urge to network and be connected to others? Do you have a fellowship deficiency? Do you get frustrated with the situation in the world when you read the morning paper or watch the evening news? Talk to your doctor about a once weekly dose of Rotary.

Taken weekly, Rotary can reverse your fellowship deficiency. Within weeks of the initial dose, it can help you to feel more networked and connected to your community. While it will not help with ALL of your urges, it will definitely help with your urge to serve others (your doctor can suggest additional medications for your OTHER urges.)

Caution. Rotary can only be taken by adults. There are milder forms under the brand names of Rotaract, Interact Early Act and Youth Exchange that can be taken by younger people. Rotary should not be taken by those who are taking Kiwanis, Optimists or Lions, but you may want to talk with your physician about switching your prescription to Rotary as it has been shown to be faster acting and better tolerated by those in clinical studies.

Rotary should not be taken while operating machinery or driving a car as it may cause drowsiness...depending on the speaker. It is recommended Rotary be taken with meals although those meals can cause heartburn, acid reflux, constipation, diarrhea and allergic reactions. For optimal affect, Rotary must be taken consistently.

While weekly dosing is recommended, 2-3 times a month has been shown in clinical trials to be effective. If you leave home without your Rotary, you will find that people in other communities around the globe will typically be happy to share their Rotary with you so that you don't miss your weekly dose.

From the time it was discovered over 103 years ago until 1988 it was thought that Rotary was unsafe if taken by women. Since that time, women have been taking Rotary in ever increasing numbers and studies have shown that it is very effective now in both men AND women. While no definitive research has been done, anecdotal evidence suggests that not only is Rotary not unsafe for women, but that they actually do better on it than men.

Side effects include the tendency to sit in the same seat at the same table every time you take your dose of Rotary. Talk with your physician about ways to overcome this. It may be a sign of deeper issues. Sever cases of this have been know to require aggressive psychiatric treatment.

Do not take Rotary if you feel that more people should e disadvantaged or suffer from hunger, poverty, illiteracy and disease as people taking Rotary tend to want to alleviate

these conditions. Tell your physician if you have an aversion to world understanding and peace. There may be other treatments more beneficial for you, like a dose of humanity.

If your urge to serves lasts longer than four hours, consult your physician immediately. This condition is common in past club presidents and past district governors.

For a free trial of Rotary, go to [www.rotary.org](http://www.rotary.org) and find out where it is being dispensed near you. Rotary....helping people for over 100 years with their urge to serve.

Talk to your doctor today.