



Janice Kurth, M.D., Ph.D.

Rotary Club of Del Mar

Janice is the current President of the Rotary Club of Del Mar. She has served on the Board of Directors in several capacities including Vocational Service, Membership, Vice President and President Elect. She also serves District 5340 on the Strategic Planning Committee. Her other service activities include mentoring teenage students, founding and/or serving on several educational foundations in her community, volunteering at local schools, sitting on the Board of the Nanotechnology Research Foundation and serving as the Founder and President of the Health Travel Guides Foundation.

Janice Kurth earned her B.A. in chemistry from Austin College, Ph.D. in human genetics at Stanford University, and M.D. from University of Arizona, with post-graduate training in internal medicine. Her professional career has included academic and industrial biomedical research, product and software development, research management and pharmaceutical medicine. She is currently an independent consultant for biomedical and pharmaceutical companies.

Janice was born in Berkeley, California but spent most of her youth in Houston, Texas. She currently lives in California with her husband of 23 years, with whom she shares her business. She has daughters, ages 18 and 20 years. Both are enrolled in university studies.

In her free time, Janice enjoys running, boogie boarding, reading, hiking, biking, swimming and snow skiing.



Tara Beeston

Tara was born in New York but moved to the United Kingdom when she was 10 and finished her schooling there, moving back to the United States with her family to attend the University of California at San Diego where she majored in Molecular Biology. After receiving her bachelor's degree, she worked in a research lab studying Multiple Sclerosis for two years. She then decided to pursue a career in Public Health and attended San Diego State University to obtain her Master's in Public Health, focusing on Health Promotion.

Throughout her graduate schooling she worked at the Center for Behavioral Epidemiology and Community Health (CBEACH), working on various research studies, including HIV prevention and tuberculosis prevention projects. She conducted her own study for her master's thesis, examining how sales of Plan B (an emergency contraceptive drug) at local pharmacies were affected when the drug became available over the counter. Tara is still working at CBEACH, currently developing a childhood obesity prevention intervention to be delivered through orthodontists.

Tara has long been interested in international health, HIV, reproductive health and women's health issues and research. She has once traveled to South Africa with a group of San Diego State University students and is excited to return to the continent.

Tara lives in north San Diego with her parents. In her free time, Tara loves to travel and explore new places, both at home or abroad, and when she can't do that, she loves to read about the places she might one day go.



Estela Blanco

Estela Blanco has been working in the research public health field since 2003. Most her work has focused on barriers and facilitators to consistent HIV care among Latinos living with HIV in the United States-Mexico border region. However, she recently accepted a position to be a Research Associate for a longitudinal study of obesity in a cohort of adolescents in Santiago, Chile. In this new capacity, Estela will assist with analysis of determinants of obesity and cardiovascular risk.

Estela is originally from Tracy, California—a small town located 1 hour east of San Francisco, in the main agricultural valley of California. She is from a family of three children—one older sister and one younger brother, her mother is a bilingual (Spanish & English) grade school teacher. Estela moved to San Diego to pursue university studies at the University of California, San Diego. She remained in San Diego after graduation and later earned dual master degrees in Public Health, Epidemiology and Latin American Studies from San Diego State University. She has lived in San Diego for the past 10 years, with the exception of a 1 year study abroad program in Santiago, Chile.

In her personal life, Estela is an active member of a local chapter of the National Organization for Women, serving 2 years as the Vice President. In this role, she assisted the President in planning events related to the national organization's charter to promote equality and justice in society. She also coordinated a supplies and monetary donation drive for a local domestic violence agency. Estela has been married for nearly 3 years and has no children.



Lwbbba Chait Llamas

Lwbbba Chait was born in San Diego California, in April 19, 1983. She currently lives with her parents and 11-year old brother in San Diego, California.

Lwbbba attended San Diego State University from 2001-2003 and then transferred to Medical School at Xochicalco University in Tijuana, Mexico from July 2003 to June 2007 and graduated with Honors.

Between 2007 and 2009 she has worked as a physician in a community clinic in Tijuana, Mexico with some of the most underserved and marginalized groups, HIV/AIDS patients, sex workers and drug users. These experiences caught her attention and interest in public health research.

She is currently awarded a fellowship at the University of California San Diego, Division of Global Public Health, through the Center for HIV/AIDS Minority Pipeline in Substance Abuse Research, working on binational (Mexico-US border) studies on HIV prevention relating to substance use and other comorbidities.

To further her training in research, Lwbbba' goal is to be complete a residency in Preventive Medicine. Combining clinical experience and training in research will fulfill her future objective, to work in public health research with underserved populations.



Timothy Goldberg

Tim is a Physical Therapist and Supervisor of The Outpatient Orthopedic Rehabilitation Department at Scripps Memorial Hospital in Encinitas, California. He has two brothers, a sister, a step-brother and a step sister, all of whom live in the Midwest region of the United States.

He grew up in Toledo, Ohio and graduated with a bachelor's degree in Psychology from The Ohio State University in 1998. He then attended Daemen College in Amherst, NY and received a bachelor's of science in Physical Therapy. Upon completion of a student affiliation in San Diego, he knew he would soon call this beautiful city home.

Tim moved to San Diego in 2002 and has been very active in the community personally and professionally. He volunteers with other Scripps Encinitas staff members annually at the Carlsbad Marathon and enjoys assisting Physicians with physicals for local high school athletes. In addition, he formed an annual fund-raiser with a colleague and friend, "Bocce By The Bay", to benefit the Community Resource Center in Encinitas and Carol's House, a shelter for battered women and children in north county San Diego. He has volunteered as a Big Brother and has a passion for helping improve the lives of underprivileged children. Tim is in constant pursuit of growing as a clinician and he has recently become a Certified Orthopedic Manual Therapist.

In his spare time, he can be found playing volleyball or spending the day at the beach. Other interests include reading and politics. He is always looking for new adventures. Recently, Tim traveled to Las Vegas to work on a presidential campaign, went hang gliding, and tried climbing rock boulders in Big Bear, CA. Future goals include traveling and meeting new people all over the world and he hopes to run his first half marathon in 2010.



Justine Koza

Justine Koza was born in Seattle, Washington and at the age of 3 moved to Pasadena, California, a large city within Los Angeles County. Both retired now, her father was a Physical Oceanographer and her mother was a Photographer. When Justine was 18, she attended the University of California, Santa Barbara, where she majored in Comparative Literature. She spent her 3rd year studying Spanish literature in Granada, Spain and while living there, she traveled to Greece, Italy, France, Germany, Switzerland and Morocco. Following graduation, she returned to Spain to teach English for 9 months. She eventually moved to San Diego, California in 2001 to live closer to her older brother. Having a strong interest in health, she pursued her Master's degree in Public Health at San Diego State University. While in the program, she had the fortunate opportunity to collaborate on nutrition and family planning public health studies in Baja and Oaxaca, Mexico.

Justine has been working in the public health field for over 6 years in a variety of areas including physical activity, nutrition, HIV/AIDS and health disparity research. She recently accepted a position as a Bi-national (US-Mexico) Program Coordinator at UC San Diego's Department of Medicine, Division of Global Public Health. In this role, she coordinates HIV research studies, many of which take place in Tijuana, Mexico. These studies assess several public health needs including access to care for HIV patients living in the border region, alternative and complimentary HIV therapies, and also primary and secondary HIV prevention.

In addition to her passion for the public health field, Justine enjoys the arts. She regularly volunteers at the Museum of Photographic Arts in San Diego, Balboa Park and also performs Flamenco dance at local venues throughout the year. She loves the outdoors and regularly hikes, runs, bikes and studies Ashtanga yoga.